



## Tekstila un klimata aspekti IAL, darba apģērbu un uniformu izvēlē

Dr.sc.ing. Inga DĀBOLIŅA Professor, Leading Researcher Riga Technical University Personal Protective Equipment Laboratory Kipsalas 6B - 242, Riga, LV-1048, Latvia <u>inga.dabolina@rtu.lv</u> <u>www.rtu.lv</u>

## **ABOUT PPELab**

#### **Personal Protective Equipment Laboratory**

#### Accreditation scope:

Physical, chemical, microbiological, and mechanical testing of fiber materials and textiles

- 15 methods in accreditation scope
- More than 60 other testing methods
- 80 equipment items

#### Testing of textile materials and products and PPE:

- Fibre composition of textile products
- Physical characteristics
- Mechanical properties
- Protection against heat and flames
- Water resistance
- Thermal resistance and water-

vapour permeability

- Resistance to biological hazards
- Testing microclimate conditions (thermal mannequin)
- Testing of respiratory protective equipment
  - Anthropometry and ergonomics tests and research

RTU PPE Lab



Professor Dr.sc.ing. **Inga Dāboliņa Head of laboratory** inga.dabolina@rtu.lv +371 29364004



Ph.D. **Eva Lapkovska** Researcher eva.lapkovska@rtu.lv



Mg.sc.ing. Liene Siliņa Researcher liene.silina@rtu.lv



Dr.sc.ing. Inese Fijipova Senior Expert inese.filipova@rtu.lv

## **ACCREDITED METHODS\***



\* Methods and equipment functions can be adapted to other/specific testing and research purposes - contact the lab for options!

## **OTHER TESTING\* & RESEARCH**













Thickness

- Colour
- Weave
- Colour fastness
- Tensile properties
- Elasticity
- Water resistance
- Pilling, Fuzzing, Matting
- Washing and drying
- Thermal properties
- Oil
- Blood
- ∎ рН
- Bacteria
- Heat and flames
- Leather
- Furniture textile
- Respiratory protection

\* Methods and equipment functions can be adapted to other/specific testing and research purposes - contact the lab for options!

**Thermal manikin Andi** (Thermetrics)

Human body

VitusSmartXXL

**3D** scanner





# Introduction to textiles

## **ETYMOLOGY**

**TEXTILE** – *latin textilis, meaning «woven»* - diverse range or fiber based materials, including filaments, fibers, yarns that can be made into fabric or cloth, and the resulting material itself (*Enciclopedia Britannica*) – so called umbrella term

**FABRIC** – any thin, flexible material bound together (woven, knitted, braided, sewn etc.) of fibers, filaments, yarns, film, foam, or any combination of these techniques



**CLOTH** – old english clað, meaning «a cloth, woven, or felted material to wrap around one's body» - a pliable material made usually by weaving, felting, or knitting natural or synthetic fibers and filaments (*Merriam-Webster Dictionary*)

**TEXTILE PRODUCT** – any raw, semi-worked, worked, semi-manufactured, manufactured, semi-made-up or made-up product which is exclusively composed of textile fibres, regardless of the mixing or assembly process employed, as well as a product containing at least 80% textile fibres in weight (*Law Insider Dictionary*)

## **BRIEF HISTORY**

#### **Evolution of textiles:**

- ↓ Animal skins
- ↓ Natural fiber spinning wool
- Veaving from cultivated plant fibers flax, cotton
- ↓ Invention of semisynthetic fibers rayon
- ↓ Invention of synthetics





#### Sources:

Sanders, D., Grunden, A., Dunn, R.R. A review of clothing microbiology: the history of clothing and the role of microbes in textiles. Biol. Lett.17:20200700, (2021) http://doi.org/10.1098/rsbl.2020.0700 Map of Homo Sapiens Migration. https://www.worldhistory.org/image/6605/map-of-homo-sapiens-migration/

## FIBER CLASSIFICATION IN RELATION TO THEIR ORIGIN

Fiber or fibre – (noun) a natural or artificial substance that is significantly longer than it is wide (Kadolph, S., Marcketti, S. Textiles)



ISO/TR 11827:2012 Textiles – Composition testing – Identification of fibers ISO 2076:2021 Textiles – Man-made fibers – Generic names ISO 6938:2012 Textiles – Natural fibers – Generic names and definitions

## YARN CLASSIFICATION IN RELATION TO THEIR STRUCTURE

**Yarn** – (noun) a continuous often plied strand composed of either natural or man-made fibers or filaments and used in weaving and knitting to form cloth (Merriam-Webster Dictionary)

YARN TYPES						
STAPLE/SINGLE/SPUN YARN	PLY YARN	FILAMENT YARN				
Made from staple fibers (natural fibers and/or cut man-made fibers) by mechanically assembling and twisting (spinning) them	Made using one or more staple yarns by mechanically assembling and twisting (spinning) them	Made by assembling continuous filaments (silk or man-made fibers)				
Spun Yarn - TStaple fibers twisted together to form a yarn -TStaple fibers twisted together to form a yarn -TStaple fibers twisted together to form a yarn -TStaple fiber straight fiber Note: Fiber ends protrude from spun yarns.	Two-ply Silk Yarns with Varying Twist Per Inch higher twist per inch	MONOFILAMENT YARN YARN				
	Z twist 3-ply silk yarn S-twist 2-ply wool yarn	Consists of a single, untwisted continuous filamentMade from multiple filaments with or without twist				
		Multifilament Yarn - Filament fibers held together with minimal twist Note: Multifilament yarns are made of several filament fibers thet are many ends protracting from the multifilament yarn. This is we filasent fiber				

Photo Source:

https://courseware.cutm.ac.in/wp-content/uploads/2020/06/L-4-CLASSIFICATION-OF-YARN.pdf https://www.sciencedirect.com/topics/engineering/textile-yarn

## FABRIC TYPES IN RELATION TO MANUFACTURING TECHNOLOGY

#### **FABRIC TYPES**



ISO 3572:1976 Textiles – Weaves – Definitions of general terms and basic weaves ISO 8388:2003 Knitted Fabrics – Types – Vocabulary ISO 9092:2019 Nonwovens - Vocabulary

## **APPLICATIONS**

#### **Conventional textiles**

- Clothing and fashion
  Home textiles
  Technical textiles
- Medical
- Aerospace
- Agriculture
- Automotive
- Filtration
- Protective Gear
- Electrical Engineering
- Construction
- Sports
- Food
- etc.

#### Textiles in art and design



#### Source:

Horrocks, A.R., Anand, S.C. Handbook of Technical Textiles. Volume 1: Technical Textile Processes. Woodhead Publishing, 2016. https://doi.org/10.1016/C2015-0-01011-5

# Introduction to textile testing

## **INTRODUCTION (1/2)**



Source:

Reinhardt, B. Getting materials out of the lab (2024) https://worksinprogress.co/issue/getting-materials-out-of-the-lab/

## **INTRODUCTION (2/2)**



#### **Physical and mechanical testing:**

- Physical agents and influences affecting the performance of textiles;
- Structural characteristics of textiles (density, thickness, mass per unit area, etc.)
- Mechanical deformation and degradation (tensile behaviour, compression, bending, shrinkage, abrasion resistance, frictional rubbing, torsion, shear, etc.);
- Tactile and visual properties (wrinkling, buckling, drape, fabric hand, etc.);
- Response to heat, flame, liquids, static charge;
- Bonding integrity (for coated textiles and composites);
- Specific tests for high-performance textiles (impact resistance, thermal resistance, wear resistance)

#### **Chemical testing:**

- Determination of chemical composition;
- Chemical agents and influences affecting the performance of textiles;
- Chemical contamination of textiles;
- Resistance to water, acids, bases, bleaches, pollutants, UV light, etc.
- Specific tests for chemically resistant protective textiles.

#### **Biological testing:**

- Biological agents (microorganisms, insects) and influences affecting the performance of textiles;
- Hygenic and medical properties of textiles;
- Resistance to degradation by fungi and insects for effective textile storage and transportation;
- Specific tests for protective textiles against biological attacks.



#### **Physiological testing:**

- Assessment of properties influencing the well-being, performance, health of the wearer testing of comfort properties (heat transmission, moisture management, air permeability).
- Assesment of microclimate.

#### Intelligence testing:

- Testing of smart/intelligent textiles (wearable electronics, phase change materials, shapememory materials, chromic and conductive materials);
- Development of new testing methods

#### Visual examination:

- Evaluation of texture, surface characteristics, structure, color, and design manually or using equipment such as microscopes, spectrometers, computer vision etc.
- Evaluation of textile product quality, defect analysis.
- Tests for assessing surface modifications, treatments, coatings.



## **OBJECTIVES OF TEXTILE TESTING (1/10)**



#### **Objectives of quality control:**



- Production of the required quality product;
- Compliance with standard requirements and costumer's expectations;
- Reduction of manufacturing cost;
- Reduction of the amount of production waste;
- Maximum profit at the minimum cost!

#### *Quality product = product with properties that meet or exceed the set specifications!*

#### Quality control (testing strategy) should conform with:

- Inter-organizational standards (specifications);
- International standards, established scientific specifications (ISO, ASTM, AATCC, DIT, etc.);
- Market requirements;
- Consumer requirements for satisfactory performance.



TESTING OBJECTIVES – QUALITY CONTROL

**MATERIAL SELECTION** 

PROCESS CONTROL

**FINAL PRODUCT** 

CONTROL

INVESTIGATION OF FAULTY MATERIAL

R & D

## **OBJECTIVES OF TEXTILE TESTING (3/10)**



#### Process control (production monitoring):

- Testing of samples from the production line throughout all manufacturing stages to assess their compliance with set performance/quality requirements (*within previously defined tolerances*);
- Appropriate sampling strategy is essential for the test results to be representative for the whole lot/batch;
- Regular testing throughout all the manufacturing stages is necessary to timely prevent lowquality products from reaching the next stage of the production cycle, thus reducing financial risks and waste of resources;
- The key purpose of testing throughout all the manufacturing stages is to ensure the efficiency of the manufacturing process by ensuring that the raw material is of adequate quality for each subsequent step of production.





#### Final product control (product testing):

- Textile products are examined, tested to assess their overall quality and compliance with set requirements before delivering to the customer;
- The performance of a finished product is tested compliance with its intended purpose of use, for example, by simulating certain wearing conditions, durability, service life, etc.
- Imitating everyday use conditions and combinations of influencing factors and loads is a complicated problem since they are inconsistent and obtained results are unrepeatable and incomparable; therefore, imitative laboratory tests are carried out to assess one property at a time;
- In the case of sub-standard products steps are taken to rectify faults, for example, product mending.



#### **Investigation of faulty material:**

- If discovered during production, at the final product assessment stage, or through a customer complaint, testing is necessary to identify the root cause of the problem to eliminate further production of low-quality and/or faulty products;
- Testing helps to understand in which of the stages of product development the nonconformity occurred;
- In case of dispute it is possible to determine the responsible party → it is recommended to have an independent laboratory/experts carry out the testing to ensure the objectivity of results.



#### **Research and development:**

- Converts ideas into products → testing required throughout the development process;
- Testing helps with further decision making;
- Different/new production methods → need for product assessment before any claims;
- R & D could be as a separate department or as a part of testing department;
- Could include development of new testing methods for specific research applications, research of textile innovation behaviour → as a result could be adopted as industry-wide standards



TESTING OBJECTIVES – QUALITY CONTROL

**MATERIAL SELECTION** 

PROCESS CONTROL

FINAL PRODUCT CONTROL

INVESTIGATION OF FAULTY MATERIAL

R & D

#### Setting standards:

- Guidelines for the quality, performance, and safety of textile products by providing objective, measurable data;
- Systematic way to evaluate, and validate textile products;
- Ensurance that products meet:
  - regulatory requirements;
  - consumer expectations;
  - global market demands.
- Determining minimum quality requirements;
- Creating unified methodology comparability, repeatability, transparency



#### **Conformity to specification:**

- Important for textile products that are subjects to procurement procedure:
  - Uniforms
  - Workwear
  - PPE
  - Interior textiles
  - etc.
- EU Green Public Procurement for Textile Products and Services (soon to be mandatory) textiles with a reduced environmental impact
- Testing to assess the conformity to predefined characteristics (minimum quality criteria)

## WORKWEAR QUALITY STANDARDS

Why are they important?







## **OBJECTIVES OF TEXTILE TESTING (10/10)**



FOR EACH CATEGORY A SET OF MINIMUM CRITERIA WAS DEFINED



#### **Ecological considerations:**

- Focus on the sustainability of textile products (environmental footprint, harmful effect on human health, social injustice, etc.), changes in legislation → extra demand for testing, conformity assessment, and product certification;
- To assure the sustainability of textiles products testing covers all production stages, as well as the use and disposal phase



## **CURRENT STATE OF TEXTILE TESTING AND FUTURE TRENDS**

#### Different types of testing laboratories:

- In-house laboratories
- Commercial laboratories
  - The American Association of Textile Chemists and Colorists (AATCC)
  - SGS
  - The Textile Research Institute (TRI)
  - The Atlas Material Testing Laboratory
  - The Hohenstein Institute
  - Centexbel
  - etc.
- Governmental research organizations and laboratories

#### Future trends:

- Innovative testing methods to assess product or process innovations
- Testing for sustainability assessment
- Artificial Intelligence (AI) tools
  - For quality assessment (computer vision for example defect detection)
  - Material profiles (models) for 3D simulations and visualisations

## TEXTILE TESTING PROCESS



WWW.RURALHANDMADE.COM

#### Test results should determine:

- The performance of a textile product during its life cycle;
- Conformity to the required specifications.

**Core testing purpose:** Repeatability and reproducibility (interlaboratory and/or between-operator)

#### Factors affecting the repeatability/reproducibility of test results:

- Variation in material for example, a test sample is not representable or comparable, the material is uneven or damaged, the sample is biased;
- Variation in test procedure for example, different testing conditions and/or equipment, the operator's professionalism and objectivity

#### **Standards organizations:**

- International standards (International Organization for Standardization (ISO))
- National standards (British Standards Institution (BSI), American Society for Testing and Materials (ASTM), Americal National Standards Institute (ANSI), American Association of Textile Chemists and Colorists (AATCC), German Institute for Standardization (DIN), Bureau of Indian Standards (BIS), Japanese Industrial Standards (JIS))
- Testing procedures developed within large organizations (International Wool Secretariat (IWS), Marks & Spencer)





#### **Quality management:**

- IMPARTIALITY AND OBJECTIVITY;
- Each test method has a detailed procedure (in written form, most often a standard);
- Defined level of accuracy;
- Used equipment and its maintenance (calibration, performance monitoring, related documentation);
- Details of the required test environment (temperature, relative humidity);
- A sampling plan of test specimens;
- Trained personnel;
- Information included in test reports;
- Maintenance of baseline data and testing records, as well as tested specimens;
- Procedure for rejection of test material;
- Procedure for handling and disposal of hazardous samples;

#### **Quality Standards:**

- ISO 9000 family Quality management
- ISO 45001: Occupational Health and Safety
- ISO 17025: Testing and Calibration Laboratories







## **TEXTILE PRODUCT LABELLING**

### EU Regulation on textile labelling and fibre

**composition** (currently under revision)



**EU Ecolabel** 













EN471 Class 3 Protective clothing with good visibility.\*

EN ISO 20471 Protective clothing with good visibility.



properties.

≞

EN13034 Protective clothing against chemicals.

1



EN531

good visibility.\*

Protective clothing with

C



EN ISO 11612 Protective clothing for industrial workers and flame

M 

Protective fabric with

good visibility.\*

EN14116 Protective clothing for protection against heat protection against heat and flame

EN511

Protective gloves

against cold.

Protective clothing for

**Protective clothing labels** 

EN 614821-1-2 thermal risks due to

Work with voltage. Clothing for protection against

electric arcs.

against mechanical risks.



Protective clothing

against solar UV.

EN13758-2

exposed to heat.

Protective clothing for

protection against rain.



\$

Protective clothing

EN342

against cold.



≞



Protection for work in Protective clothing with blade cut resistance the kneeling position.

#### **Performance labels**

EN 343



**Care labels** 

EN381-5

leg protection.



## 4



#### EN ISO 11611 Protective clothing for use during welding work and similar work.



 $\widehat{\mathbb{A}}$ 

EN388 Protective gloves

## **OCCUPATIONAL SAFETY (1/2)**

#### **Potential risks while working in a textile testing laboratory:**

- **Exposure to dust and other particles** → respiratory disorders
- Exposure to hazardous chemicals → respiratory disorders, chemical burns, allergic reactions, skin irritation
- Exposure to harmful disease-causing agents → possibility of infection
- Exposure to heat, flames, and fumes → burns of various degrees, respiratory disorders, smoke poisoning
- **Exposure to noise** → damages the eardrum, negative impact on mental health
- **Exposure to vibrations** → negative impact on mental health
- Ergonomic issues → musculoskeletal disorders
- Mechanical hazards → possible injuries working with high pressure, high temperature equipment, or equipment with moving parts
- Electrical hazards → possible accidents if if work safety regulations are not followed



OCCUPATIONAL HEALTH RISKS

**PHYSICAL HAZARDS** 

**CHEMICAL HAZARDS** 

BIOLOGICAL HAZARDS

MECHANICAL

HAZARDS

## **OCCUPATIONAL SAFETY (2/2)**

PERSONAL PROTECTIVE EQUIPMENT							
LAB COAT	CLOSED-TOE SHOES	SAFETY GOGGLES	SAFETY GLOVES	DUST MASK	EAR PROTECTION		
		ß					
To protect clothes and skin	To protect against injury	To protect from flying debris and chemicals	To protect from hazardous chemicals or heat and flames	To protect form particles and textile dust	To protect the auditory system from increased noise		

#### Preventive measures to reduce risk in the workplace:

- Personal protective equipment
- Appropriate attire, ensuring clothing has no loose or protruding elements that could get caught in equipment
- Long hair should be securely tied back
- Training of employees in the safe use of equipment and execution of test methods
- Safety briefings, information on first aid and first aid kits, warning signs placed in the premises
- Equipment and infrastructure monitoring, maintenance
- Annual work safety briefings
- Mandatory health checks



# UZMANĪBU/NOTICE

## **ACCREDITATION OF TEXTILE TESTING LABORATORY – ISO/IEC 17025**

#### **ISO/IEC 17025 Testing and calibration laboratories:**

- Sets requirements for the competence, impartiality, and consistent operation of laboratories;
- Ensures the accuracy and reliability of testing results enhaced credibility;
- Globally recognized quality assurance;
- Facilitates cooperation;
- Enhances sustainability of testing by reducing the need for retesting



## **PPC TESTING**

## General characteristics of materials

- Air permeability
- Breaking resistance, load, tensile strength
- Climate chambers
- Drying and heating chamber
- Forced air circulation furnace
- Professional washing machine and clothes dryer
- Color fastness when washing-drying
- Burst strength and elongation at break
- Abrasion resistance (with water supply)
- Color fastness to abrasion
- Color fastness to heating
- Qualitative and quantitative analysis of composition
- Analysis of surface morphology (microscopically)







EN 9237 TEXTILES –DETERMINATION OF PERMEABILITY OF FABRICS TO AIR EN 4674-1 EN 9073-4 EN 9073-5 EN 9073-18 EN 13934 EN 13937

EN 20932 DETERMINATION OF TEAR RESISTANCE (DIFFERENT CIRCUMSTANCES)

ISO 5077 DETERMINATION OF DIMENSIONAL CHANGE IN WASHING AND DRYING

## **Respiratory Protective Devices**



EN 143 EN 149 EN 405 EN 12941 EN 12942 EN 13274-3 EN 13274-6 EN 13274-8 EN 14593-1 EN 14593-2 EN 14594 EN 1827 EN 14683

- Parameters to be determined for respirators:
  - visual inspection;
  - material;
  - cleaning and disinfection;
  - practical performance;
  - total internal leakage;
  - permeability of the filter material;
  - skin compatibility;
  - flame resistance;
  - carbon dioxide content;
  - head mount;
  - field of vision;
  - the strength of the mounting of the exhalation valve body;
  - respiratory resistance (exhalation, inhalation);
  - clogging;
  - demountable parts.





- Medical face masks are divided into 3 types (I, II, IIR) according to the following set of indicators:
  - bacterial filtration efficiency (BFE,%);
  - differential pressure (Pa / cm2);
  - splash resistance (kPa);
  - bioburden (microbial cleanness) (cvv / g).
# Biohazards (cleanness and protection)



ISO 22612 ISO 22609 ISO 22611 CLOTHING FOR PROTECTION AGAINST INFECTIOUS AGENTS EN 149 EN 143 EN 12941 RESPIRATORY PROTECTIVE DEVICES

- Dry Microbial Penetration Resistance Tester
- Face Mask Blood Penetration Resistance Tester
- Biologically Contaminated Aerosols Penetration Tester
- Paraffin oil filter penetration test equipment
- Bacterial filtration efficiency test



# Protection against heat and flame



ISO 17492 ISO 9151 ISO 12127-1 CLOTHING FOR PROTECTION AGAINST HEAT AND FLAME

ISO 6942 PROTECTIVE CLOTHING

- PROTECTION AGAINST HEAT

EN 13772 Textiles and textile products. Burning behaviour.

- Multipurpose Flammability Tester
- Thermal Protective Performance (TPP) Test Device
- Radiant Heat Exposure Tester
- Thermal performance properties of material when exposed to a high heat source
- Contact Heat Resistance Tester (heating cilinder)



# Water Resistance



ISO 22958 Textiles — Water RESISTANCE ISO 9865 Textiles — Determination of water REPELLENCY OF FABRICS BY THE BUNDESMANN RAIN-SHOWER TEST

- Rain tests: exposure to a horizontal water spray
- Bundesmann rain-shower test
- Spray test
- Impact penetr









# Thermal and Water-vapour resistance



ISO 15496 TEXTILES — MEASUREMENT OF WATER VAPOUR PERMEABILITY OF TEXTILES FOR THE PURPOSE OF QUALITY CONTROL ISO 11092 TEXTILES — PHYSIOLOGICAL EFFECTS ISO 13029 TEXTILES — DETERMINATION OF DRYING RATE IN DYNAMIC STATE

- Water vapor permeability
- Moisture exchange testing equipment
- Heat resistance and water vapor permeability (protected hotplate)
- Moisture management test





# Microclimate - Thermal Manikin

ISO 15831 CLOTHING — PHYSIOLOGICAL EFFECTS — MEASUREMENT OF THERMAL INSULATION BY MEANS OF A THERMAL MANIKIN

EN 342 PROTECTIVE CLOTHING EN 23537-2 REQUIREMENTS FOR SLEEPING BAGS ISO 7250 BASIC HUMAN BODY MEASUREMENTS

- Simulate human physiology and test garments for heat loss and gain.
- Rapid Dynamic Heat Flux Sensing (35 zones)
- Active Cooling technology simulates the mass of a human; temperature range (-20°C to +50°C)
- ManikinPC (Manikin Physiology Control and Predictive Comfort) software simulates the human thermoregulatory system and provides metrics for thermal comfort and thermal sensation.
- Measures the complex thermal interactions between apparel and hot environments, yielding new insights for garment researchers.
- Precision sweat control and quick-change sweat pores that minimize maintenance time.











State OK C C C C	
State OK C C C C	
State OK C C C C	
с с с	
c c c	
c c	
С	
C	
C	
C	
C	
c	
C	
c	
C	
c *	1
С	
С	
С	
с	
С	
c	
C	
C	
c	
C	
c	
C	
c	
C	
с	
С	
с	1 i
С	
С	
С	
с *	1
с •	
c ·	
C -	
C	
c	
	· 17
ate e sve 520 ve Measure 03.6	m
	93.6 c

# PROCEDURES FOR USE OF PPC, PROBLEMATIC

Challenges for the industry in supplying appropriate clothing to wearers of special-purpose clothing	<ul> <li>Data on anthropometric profiles</li> <li>Understanding of the structure of sizing systems</li> <li>Knowledge of the properties of textiles</li> <li>Design methods used</li> <li>Understanding of the specifics of clothing wearing conditions</li> <li>Access to wearers' assessment of the suitability of products (clothing)</li> </ul>
Design of special-purpose clothing	<ul> <li>Protective clothing, work-wear, sports-wear and other special need clothing - unlike everyday fashion, design for specific wearer needs</li> <li>Compliance indicators - functional compliance, anthropometric fit and ergonomics, ensuring the ability of wearers to perform daily duties or other activities</li> </ul>
Supply of special-purpose clothing	<ul> <li>State-level institutions whose responsible officials may not be sufficiently informed about the real needs and problems of wearers in the work environment in terms of clothing</li> <li>Procurement of inappropriate and/or unusable clothing can lead to economic losses at national level</li> <li>The creation of unusable and disposable products contributes to significant resource consumption and environmental damage</li> </ul>

There is a need for a **set of practical principles** for assessing the anthropometric fit and ergonomics of clothing, facilitating both the parties' understanding of the parameters of appropriate clothing and their evaluation and decision-making process.

## **PPC DEVELOPMENT ASPECTS**

#### Standards for measuring the human body and developing clothing sizing systems

Anthropometry

Pattern design and

selection of textiles

44

Sizing systems

Computer-aided

design and 3D

technologies

- EN 13402-1:2002 Size designation of clothes Part 1: Terms, definitions and body measurement procedure
- EN 13402-2:2002 Size designation of clothes Part 2: Primary and secondary dimensions
- EN 13402-3:2017 Size designation of clothes Part 3: Size labelling based on body measurements and intervals
- ISO 5971:2017 Size designation of clothes -Tights
- ISO 8559-1:2017 Size designation of clothes Part 1: Anthropometric definitions for body measurement
- ISO 8559-2:2017 Size designation of clothes Part 2: Primary and secondary dimension indicators
- ISO 8559-3:2018 Size designation of clothes Part 3: Methodology for the creation of body measurement tables and intervals



Anthropomteric fit - the conformity of the size and shape of the clothing to the size and shape of the human body

**Ergonomics** - product and process improvements/solutions for human use - the ability of wearers to perform daily duties or other activities





### **METHODS FOR ASSESSING ANTHROPOMETRIC FIT AND ERGONOMICS**



### **ANTHROPOMETRIC FIT AND ERGONOMICS IN INDUSTRY STANDARDS**



### **METHOD FOR EVALUATION OF**

## **ANTHROPOMETRIC FIT AND ERGONOMICS OF CLOTHING**

Ξ 8 **\* \* \* \*** | | | |

Special-purpose clothing (research objects)

Material properties, tests

Users/consumers (subjects)

Competent contact-persons

Experts/specialists

Anthropometric research

Interviews

Surveys

Tests of ergonomics

### **INPUT DATA**

- About 3,000 firefighters in Latvia
- Every day during on-call wear a uniform jacket and trousers
- The procurement of uniforms is centralized
- Procurement results and the use of uniforms show problems/shortcomings at all stages of supply, and there is a lack of knowledge and a systematic approach to their analysis and solution.







### **Body postures/movements for assessment of station-uniform ergonomics**



7. Kneel	8. Reach object kneeling on both knees	9. Reach object kneeling on one knee	10. Sit	11. Climb the stairs

### Questionnaire for subjective evaluation of clothing fit and ergonomics

EVALUATION OF ANTHROPOMETRIC FIT AND ERGONOMICS

Date:	Par	ticipant CODE:		12	Clothing CODE:				
	CLO	CLOTHING FIT:			Easy	Moderate	Hard	Very hard	
		Dom	-2	-1	0	1	2		
			Extremely small	Slightly small	Corresponding	Slightly big	Extremely big		
			Size conformity	-2	-1	0	1	2	
()				Very light	Light	Neutral	Heavy	Very heavy	
d b d b			Clothing weight	-2	-1	0	1	2	
			1	Very	0	M	TT	Very	
		Factore	e and regulators	2		o	1		
		Pasteller	is and regulators	Extremely tight	Too tight	Moderate	Too loose	Extremely loose	
		Loose	ness of clothing	-2	_1	0	1	2	
			Ŭ	Extremely short	Too short	Moderate	Too long	Extremely long	
			Sleeve length	-2	-1	0	1	2	
			Extremely short	Too short	Moderate	Too long	Extremely long		
		Tr	-2	-1	0	1	2		
				Totally not	N	27 . 1	D 1	Extremely	
		,	Loint rostrictions	restricted	Not restricted	Neutral	Kestricted 1	restricted	
	← In	the nicture additiona	l problem greas s	- <u>-</u> hould be indicat	-1 ed and common	tad on rastricti	I ONS ON MOVEMENT	or other effects	
	affect	affecting the performance of work (areas can be outlined, coloured, or otherwise visually indicated and commented on in the text).							
	FRE	EDOM OF MOVE	EMENTS:	Verv easv	Easv	Moderate	Hard	Verv hard	
	1.		Stand	-2	-1	0	1	2	
	2.	W	alk (make steps)	-2	-1	0	1	2	
	3.	Raise h	ands above head	-2	-1	0	1	2	
	4.		Hug yourself	-2	-1	0	1	2	
	5.	Bend forward -	lift small object	-2	-1	0	1	2	
	6.		Squat	-2	-1	0	1	2	
	7.		-2	-1	0	1	2		
	8.	Reach object kneelir	ıg on both knees	-2	-1	0	1	2	
	9.	Reach object kneel	ling on one knee	-2	-1	0	1	2	
	10.	ದ	Sit	-2	-1	0	1	2	
	11.		Climb the stairs	-2	-1	0	1	2	
Place for other comments (optional):									



Personal thermal and moisture management [Peng, Y.; Cui, Y. Advanced Textiles for Personal Thermal Management and Energy. Joule 2020, 4, 724–742.]

### Convection

Moving air removes radiated heat

#### Evaporation

Loss of heat by evaporation of water



#### **Radiation** Emission of electromagnetic radiation

Conduction Direct transfer by contact

# **Thermo-Physiological**





- 1. <u>https://www.thermoanalytics.com/human-thermal-extension</u>
- 2. <u>https://autogarment.com/analysis-of-thermal-resistance-and-humidity-resistance-test/</u>

# Spacer mesh fabrics



#Link









Waterproof 3D mesh vest

# Moisture-wicking fabrics





# Active Cooling techniques











# Active Cooling techniques



# Active Cooling techniques

#### Thermoelectric cooling #Link



Thermal resistance, R<sub>ct</sub>

- The R<sub>ct</sub> value determines the thermal resistance of the material. It is measured with a sweating guarded hotplate (SGHP).
- The higher the R<sub>ct</sub> value, the better the insulation properties. For example, to maintain body temperature and prevent frostbite, materials with higher R<sub>ct</sub> values are needed at ambient temperatures around 10°C than at 20°C.
- R<sub>ct</sub> value can be converted to clo value: 1 clo = R<sub>ct</sub>/0.155. The clo value determines the thermal performance of materials and/or clothing.
- The R<sub>et</sub> measurements shown in Figure also allow to conclude that the sum of two materials is not a measurement of the layering of the two materials (in this study, material tests are described, the materials are tested overlying without an air gap, which occurs during the wearing of clothing, which allows the summation to be performed without taking into account a theoretical air gap



# Water-vapour resistance R

- Measurements of heat and water vapor resistance allow us to understand the ability of PPC layering to protect rescuers and ensure the ability to provide the necessary microclimate conditions.
- Although the existing methods allow for complex measurements, the standard's requirement to measure 3 samples may turn out to be too small, in addition, the SD value should also be indicated - to check the reliability of the data.
- More measurements are planned in the next stage of this study, including repeated testing and error analysis. Further studies also include measurements for ready-to-wear ensembles, according to ISO 9920



Measurement

# **EVALUATION OF FABRIC HAND**

# **Fabric hand**



Linked fabric properties

#### SMOOTHNESS

	1	2	3	4	5	6	7	8	9	10	
cool	1	2	3	4	5	6	7	8	9	10	warm
light	1	2	3	4	5	6	7	8	9	10	heavy
thin	1	2	З	4	5	6	7	8	9	10	thick
smooth	1	2	3	4	5	6	7	8	9	10	rough
loose	1	2	3	4	5	6	7	8	9	10	compact
soft	1	2	3	4	5	6	7	8	9	10	hard
flexible	1	2	З	4	5	6	7	8	9	10	stiff
gentle	1	2	З	4	5	6	7	8	9	10	harsh
limp	1	2	З	4	5	6	7	8	9	10	crisp
sleazy	1	2	3	4	5	6	7	8	9	10	firm
stretchy	1	2	3	4	5	6	7	8	9	10	not stretchy

Example of evaluation table

# **Fabric hand**



# TEXTILE WASTE MANAGEMENT, SUSTAINABILITY OF TEXTILE PRODUCTS

«Anyone who believes that exponential growth can go on forever in a finite world is either a madman or an economist» (Kenneth E. Boulding, 1973)





### EU strategy for sustainable and circular textiles (2022)

By 2030 textile products placed on the EU market are long-lived and recyclable, to a great extent made of recycled fibres, free of hazardous substances and produced in respect of social rights and the environment. Consumers benefit longer from high quality affordable textiles, fast fashion is out of fashion, and economically profitable re-use and repair services are widely available. In a competitive, resilient and innovative textiles sector, producers take responsibility for their products along the value chain, including when they become waste. The circular textiles ecosystem is thriving, driven by sufficient capacities for innovative fibre-to-fibre recycling, while the incineration and landfilling of textiles is reduced to the minimum.

#### Main objectives:

- Transition to a circular economy model
- Mandatory Ecodesign requirements
- Zero pollution
- Stopping the destruction of unsold or returned textiles
- Tackling microplastics pollution
- Digital Product Passport
- Fibre-to-fibre recycling
- Green Claims
- Extended producer responsibility
- Reversing the overproduction and overconsumption
- Addressing the challenges from the export of textile waste
- Promote the environmental, social and economic sustainability of the textile industry in the EU and beyond

#### **Related strategies and documentation:**

- European Green Deal (2020)
- Circular economy action plan (2020)
- Industrial strategy (2021)
- EU Action Plan: 'Towards Zero Pollution for Air, Water and Soil' (2021)
- Ecodesign for Sustainable Products Regulation (2022)
- REACH Regulation (2007)
- Industrial Emissions Directive (revized 2023)
- Best Available Techniques (BAT) Reference Document for the Textile Industry (2022)
- Textile Labelling Regulation (2011)
- Directive on Green Claims (2023)
- Empowering Consumers in the Green Transition Directive (2022)
- Waste Framework Directive (under revision 2023)
- Waste Shipment Regulation (2021)
- Plastics strategy (2018)

Riga Technical University

### Waste Framework Directive (revision 2023)

#### Main objectives:

- Mandatory separate collection of textile waste from 2025
- Mandatory producer responsibility for the full cycle of textile products - ecomodulation (Extended producer responsibility schemes)
- Sustainable textile waste management according to the waste management hierarchy
- Promote the development of the separate collection, sorting, reuse, and recycling sector of textile products
- Reduce the negative impact of the textile industry on the environment
- Promote the development of innovations in fiber-to-fiber recycling
- Promote the creation of new jobs
- Revise the Regulation on shipments of waste, thus targeting the illegal export of textile waste

# Primarily the longevity of textile products, recycling as the last step!

https://environment.ec.europa.eu/publications/proposal-targeted-revision-waste-framework-directive\_en

## Waste hierarchy





# Textile waste - statistics (EU)

Textile production and waste management in the EU, 2019 (Mt/year)





![](_page_70_Figure_1.jpeg)

https://www.pilsetvide.lv/lv/jaunumi/uzsakam-daliti-vaktu-tekstila-atkritumu-pienemsanu-aluksne

## Textile waste recycling

![](_page_71_Figure_1.jpeg)

The deeper into the material structure, the longer the product production cycle, thus the greater impact of recycling on the environment and lower economic profitability!

![](_page_71_Picture_3.jpeg)
## Recycling - methods, their advantages and disadvantages (1/4)

#### Mechanical recycling

Textile waste is shredded to fiber level.

<ul> <li>A simple, mechanical process</li> <li>Economically profitable even in small volumes, requires relatively small investments</li> <li>Relatively developed infrastructure</li> <li>Used for processing various materials</li> <li>Do not use chemicals, water (except if pre-treatment is required)</li> <li>Low power consumption</li> </ul>	<ul> <li>Fiber length decreases, physical-mechanical properties deteriorate</li> <li>The quality of the fibers decreases, and it is impossible to predict or change it in advance</li> <li>For post-consumer waste, possible hygiene problems, chemical contamination (non-compliance with the REACH regulation)</li> <li>Mass purity is important for quality</li> <li>The dyes remain in the final product</li> <li>Not suitable for coatings and laminates</li> <li>The quality of the final product varies from time to time (possible non-compliance with the Textile Labeling Regulation)</li> </ul>	
Textile waste Pre-treatment	Mechanical processing Filling material	



https://sourcingjournal.com/sustainability/sustainabilitynews/post-consumer-textile-recycling-gains-momentum-inapparel-sector-69406/



https://www.jackjones.com/en-fi/content/abetterworld/recycling

https://www.ecologic.eu/sites/default/files/publication/2022/50030-study-textile-recycling-web.pdf

#### **Thermo-mechanical recycling**

Thermoplastic synthetic fibers are melted down to obtain raw material for fiber spinning.

<ul> <li>A process similar to plastic recycling</li> <li>It is possible to process relatively small amounts while maintaining economic profitability</li> <li>Variable filament length</li> </ul>	<ul> <li>As a result of repeated melting, the quality of the material decreases, physical-mechanical properties deteriorate</li> <li>Impurity/unevenness of the mass can affect the quality of the resulting material (thus post-consumer textile waste recycling is a challenge)</li> <li>Each type of synthetic fiber requires different temperature regimes and processes</li> <li>The dyes of the raw materials are preserved</li> <li>Chemical contamination may persist (REACH non-compliance)</li> </ul>	Feed Static mixer Melt pump Spin pack Screw extruder Quenching chamber Spin finish applicator
	Fibers	
Textile waste       Pre-treatment         https://www.ecologic.eu/sites/default/files/publication/2022/50030-stud	Melting Pellets	

# Recycling - methods, their advantages and disadvantages (3/4)

#### **Chemical recycling (cellulose fibers)**

Cellulosic textile waste is dissolved and spun into new fibers.





https://www.the-spin-off.com/news/stories/The-Materials-How-Lenzing-wants-to-accelerate-incircularity--17218



https://cen.acs.org/environment/green-chemistry/Transformingtextiles/100/i11

## Recycling - methods, their advantages and disadvantages (4/4)

#### Chemical recycling (synthetic fibers and fiber blends)

Synthetic polymers are broken down at the monomer level



https://www.ecologic.eu/sites/default/files/publication/2022/50030-study-textile-recycling-web.pdf

#### Examples of technology holders (1/3)



# Examples of technology holders (2/3)



https://saxcell.com/

# Examples of technology holders (3/3)



Purity of textile waste mass

Elastane!

- Lack of infrastructure  $\succ$
- The volume required for economic viability of the processes
- Especially for synthetic materials new raw materials are cheaper
- > Fiber-to-fiber recycling is still in the development/research stage, there are but a few solutions on an industrial scale
- Environmental impact of existing technologies
- Lack of quality data on the product



softer - rubbery in character - gives the fibre elasticity

gives the polymer strength - hence the strength and durability of Lycra-Spandex fibres



